

FREE CHECKLIST

The 10-Minute Weekly Reset

A small starting point for a home that feels easier to manage.

2 MIN ☐ Clear one kitchen counter and put away what does not belong.

2 MIN ☐ Wipe the counter and kitchen sink with a surface-safe cleaner.

2 MIN ☐ Replace damp bathroom towels and wipe the bathroom sink.

2 MIN ☐ Empty the kitchen or bathroom trash and check for spills.

2 MIN ☐ Pick up the most visible floor debris and note one job for later.

When you have more time

The Home Reset System adds room-by-room weekly lists, forgotten monthly tasks, odor and stain fixes, and a 12-month calendar.

Created by Ask Frank Home • @askfrankhome
